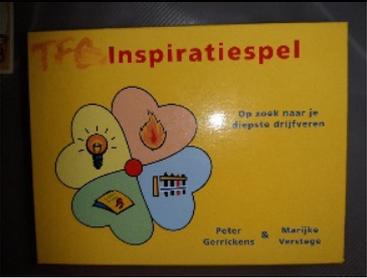




## Support TOOL CARD

Inspiration game

<b>Objectives</b>	<p>Help the fellow</p> <ul style="list-style-type: none"> <li>-to gain insight into the conditions needed to stay motivated to do his work .</li> <li>-to gain insight into the extent to which the conditions are met today in the job.</li> <li>-to gain insight into how you can contribute yourself to meet the conditions needed to stay motivated.</li> </ul>
<b>Target</b>	Group of teachers
<b>When</b>	During a group coaching session
<b>Methodology and timing</b>	<ol style="list-style-type: none"> <li>1. Put all the 'condition' cards on the table.</li> <li>2. The fellows/teachers choose minimum 4 and maximum 8 conditions important for them to be motivated and to do their job good and write them on a post-it.(for each condition/one post-it). Say : 'Choose min.4 and max.8 cards of the table that are important conditions for you to be motivate and to do your job good. Write each condition on a post-it.'</li> <li>3. The fellows/teachers put the conditions in a line of order of importance from (1 very important to 8 less important). Say : 'Order the post-its from most important to less important.'</li> <li>4. The fellows/teachers write down on each post-it : Say : 'Think about your actual situation, write on each post-it : a ++ if the condition is fully met today, +- if the condition is kind of met today , - if the condition isn't met today in the current job.'</li> <li>5. The fellows/teachers discuss with their shouldermate about their conditions. Why did you choose these conditions? What's is the order of importance? Why? Are their similarities/differences between you and you shouldermate?</li> <li>6. Group discussion about the conditions : What did you notice ? What is your conclusion?</li> <li>7. The fellows/teachers coach their shouldermate : How can you contribute to meet the conditions yourself? Who can help you? What do you still see as an obstacle? How can you tackle this obstacle?</li> <li>8. The fellows/teachers reflect on their next step(s). Say 'write down what you will do to contribute to the conditions to be meet.'</li> <li>9. The fellows/teachers share their take-aways (insights, next steps, feelings, ...) with the group if they want.</li> </ol>
	
<b>Advices</b>	Do not be afraid to play this game with your group of fellows. You will be surprised about their motivation and the strenght of willing to contribute to their conditions.
<b>Sources</b>	Inspiratiespel, Peter Gerrickens en Marijke Verstege
<b>Proposed by</b>	TFB tutor

